



PARENTS & CAREGIVERS
FOR WELLNESS

Presents:

Advocacy and Wellness

For parents/caregivers who
have children with mental
health needs

January 15th, 2019

Spring Hill Church

3700 Fulton Rd, Santa Rosa

Compassion Fatigue/Wellness

3:30 pm - 6:00 pm

Effective Advocacy

By Matrix Parent Network

6:00 pm - 8:30 pm

RSVP with Melissa at
805.384.1555 or

[PC4W Facebook](#) or
[Eventbrite](#)



In collaboration with:



Funding provided by the Mental Health Services Oversight Accountability Commission



PARENTS & CAREGIVERS
FOR WELLNESS

Presenta:

Defensa y bienestar

Para padres / cuidadores que
tienen niños con necesidades de
salud mental

15 de enero, 2019

Spring Hill Church

3700 Fulton Rd, Santa Rosa

Fatiga compasiva/bienestar

3:30 pm - 6:00 pm

Defensa efectiva por

Matrix Parent Network

6:00 pm - 8:30 pm

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